WHAT IS CLAIMED IS:

1. A system for instructing a student to play music on a stringed instrument having a fingerboard, the system comprising:

sheet music comprising a musical staff and musical notes with colored fingering numbers placed above the musical notes; and

broken lines between some of the colored fingering numbers,

wherein the colored fingering numbers indicate the string on which the student should place a finger and indicate the hand position of the student's hand on the fingerboard and the finger that should be used, and

wherein the broken lines indicate a shift in the hand position of the student's hand on the fingerboard.

- 2. The system of Claim 1, wherein the broken lines are colored, and the color of a given broken line corresponds to the string on which the student's finger should be placed.
- 3. The system of Claim 1, wherein the broken lines comprise dotted or dashed lines, and the number of dots or dashes in a given broken line corresponds to the hand position into which the student's hand should be shifted.
- 4. The system of Claim 1, wherein the colored fingering numbers have different formats, and the format of a given colored fingering number indicates the hand position on the fingerboard in which the student's hand should be placed.
- 5. The system of Claim 4, wherein the different formats comprise variations in the boldness, italics, font type and/or font size of the colored fingering numbers.
- 6. A method for customizing colored fingering numbers for playing music, comprising:
 - (a) selecting a region of the music in which a default colored fingering is to be customized;
 - (b) enabling a user to edit one or more colors of the default colored fingering in the selected region;
 - (c) enabling a user to edit one or more fingering numbers of the default colored fingering in the selected region; and

(d) enabling a user to edit one or more hand position shifts of the default colored fingering in the selected region.